

AMANDA CHRISTER MSc.

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Registered NADA-UK trainer for Durham, Cumbria, North Yorkshire and Northumberland and is willing to travel to areas outside of the named locations if required.

Amanda is a successful and experienced practitioner within the field of holistic therapies and substance misuse with a passion for development and research.

Amanda is fully accredited through the Federation of Holistic Therapists and began working with the NADA 5 Point Protocol back in 2003, loved it so much she became a NADA-UK assessor in 2006.

In 2009, Amanda graduated from Teesside University with her Master's Degree - MSc. in Contemporary Issues in Drug Use.

More recently Amanda has successfully completed a Certificate in Palliative Care for Complimentary Therapists.

Amanda is very well respected in the field of substance misuse and uses her knowledge and experience to deliver the NADA Protocol on a daily basis, she feels that it is of the utmost importance that she is still proactive on the front line and does this by co-ordinating and running many Community Ear Acupuncture groups within her local area.

Amanda also owns her own business, a thriving wellbeing consultancy and an on line aromatherapy product shop as she is passionate about improving the quality of people's lives.

Amanda sees it as a personal accomplishment when she helps individuals to feel better about themselves.