



Ruth Shaw

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I have been delivering the Nada Protocol over the past 11 years, specialising in Addiction, Stress Management & Recovery

Trained with John Tindall- Gateway Clinic 1997 – Completed further Nada training with DR Michael Smith, Lincoln Clinic Bronx New York- 2000 - Trained as Assessor 2000 – Trained AS Nada GB trainer with John Tindall & Rachel Peckham Yuan Clinic London – 2017

As a former Complementary therapies co-ordinator for Lighthouse project Liverpool. I successfully set up 16 clinics across the Merseyside area. I was responsible for overseeing over a 100 trained health professionals deliver the Nada protocol safely within Community Drug & Alcohol services, prison & hostels.

I am currently focusing on setting up Community Acupuncture groups in the Merseyside area to make it affordable & accessible to as many people as possible. I am passionate & proud to be part of the Nada GB team and happy to offer my support & to answer any enquiries.