

# **Gill Croft**

**Trainer & Assessor for Sussex, Wiltshire, Glos, East Anglia and Wales**

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**Tel: 0208 248 5320 Mobile: 07989 141630 Email: [gillcroft8@gmail.com](mailto:gillcroft8@gmail.com)**

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**I am passionate about enhancing wellbeing in the workplace. Not only has the NADA protocol helped my clients', but it has revolutionized my own career and clinical practice work.**

**Originally training in Shiatsu, in 1997 I did the NADA protocol course at the Gateway Clinic with John Tindall, Chairman of NADA GB, and saw how safely, cheaply and quickly the NADA system of healthcare could be utilised in a community clinic setting to support people with addiction and substance misuse, mental health, stress, HEP C, HIV/AIDS and other conditions.**

**Combining the 2 health systems - NADA and Shiatsu - not only revolutionised my own practice, but significantly enhanced my own wellbeing and that of my clients. This led me to further training as a body acupuncturist (and other therapies), and cemented my decision to become a NADA Trainer and Assessor - a role that I proudly maintain today. I also work for NADA internationally in NGOs.**

**A fully-qualified body acupuncturist with over 18 years' experience of NADA, I have trained healthcare workers across a broad spectrum of sectors both in-house and at the central training centre. With group training, I work closely with clients to tailor courses to suit the specific needs of a team and organisation.**

**When in London I assist NADA GB Director, Rachel Peckham, on her courses teaching the Qi Gong portion of the NADA training to enhance and support the students.**

**Alongside my work for NADA GB, I run a busy clinic in West London and also volunteer in NGOs.**

## **Qualifications**

- **NADA Assessor (2005)**
- **Body Acupuncture, Wiltshire Acupuncture College (2004)**
- **Qi Gong and Tuina Diploma, Westminster University (2002)**
- **Shiatsu Assessor - on the board of the governing body of the Shiatsu Society (this involved teaching on the residential courses on all aspects of the 3 year practitioner courses)**
- **NADA Practitioner, Gateway Clinic (1997)**
- **Teacher Trainer and Senior Tutor, ESS European Shiatsu School (1997)**
- **Shiatsu, ESS European Shiatsu School (1993)**